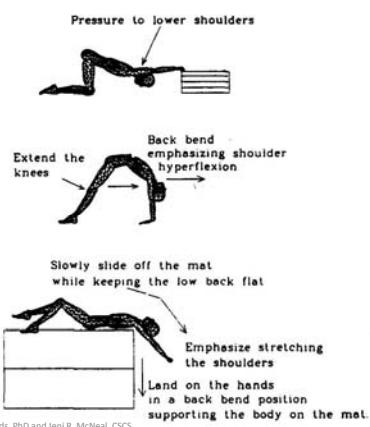
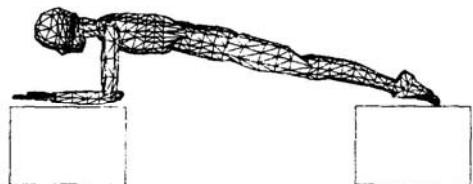


## Drills for Kip Skills

Michael A. Taylor  
coacht@gym.net

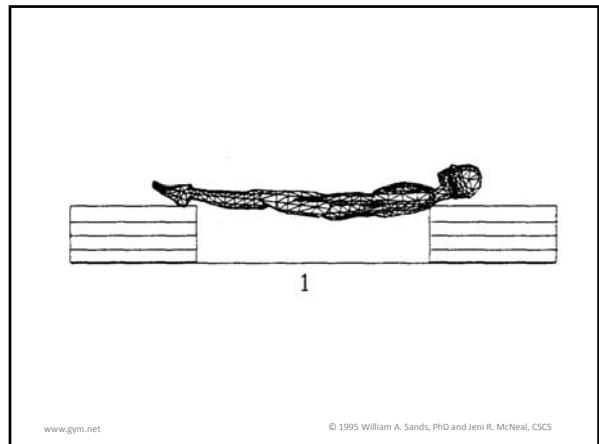


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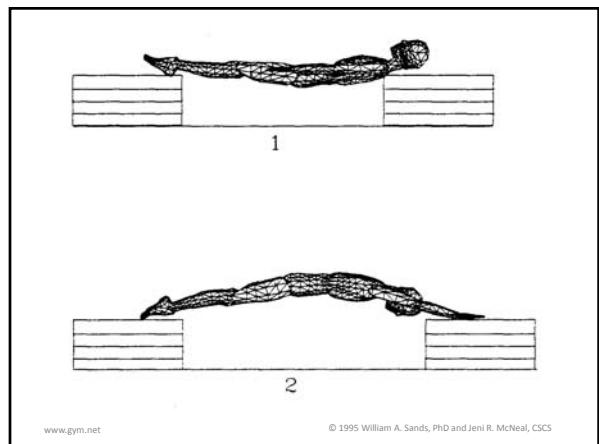
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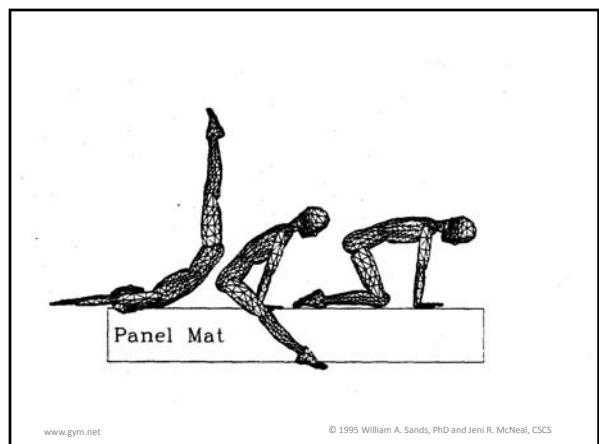
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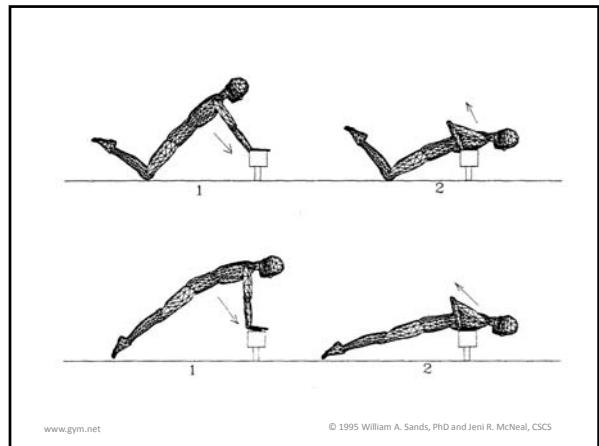
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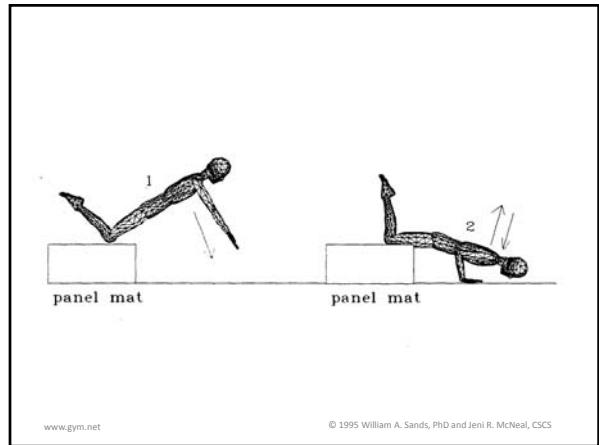
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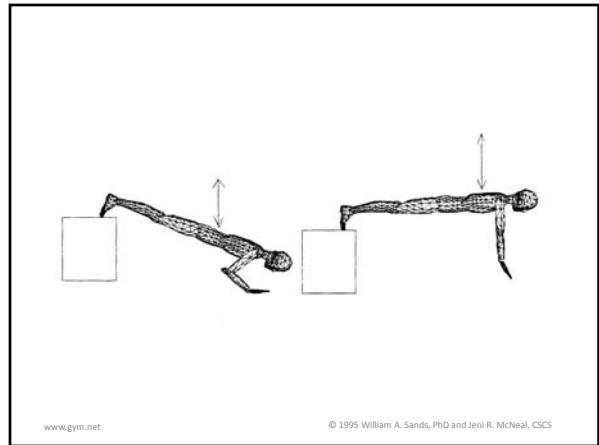
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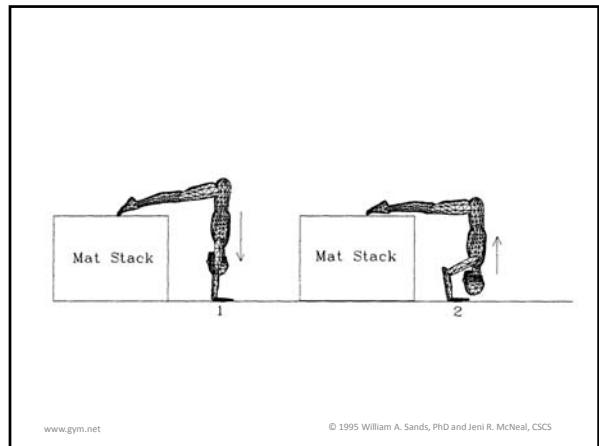
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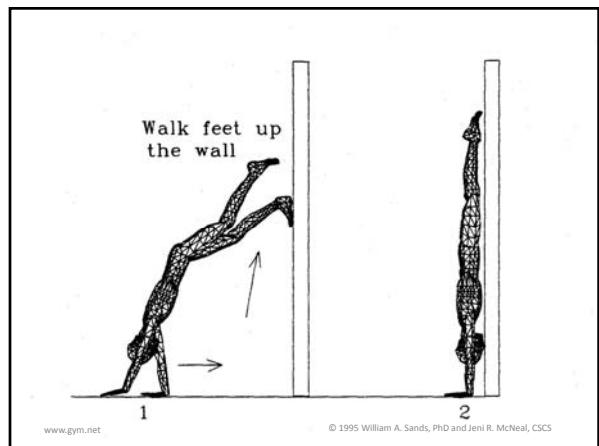
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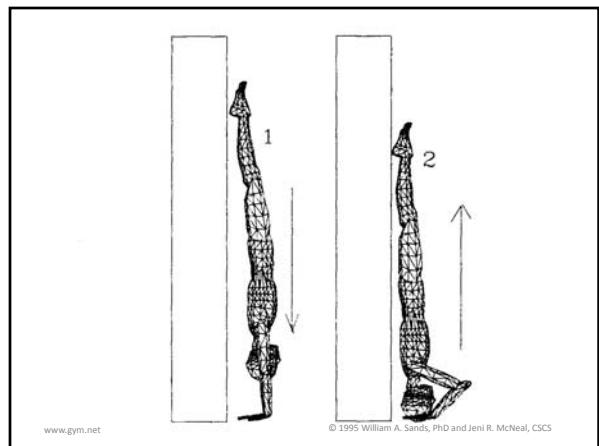
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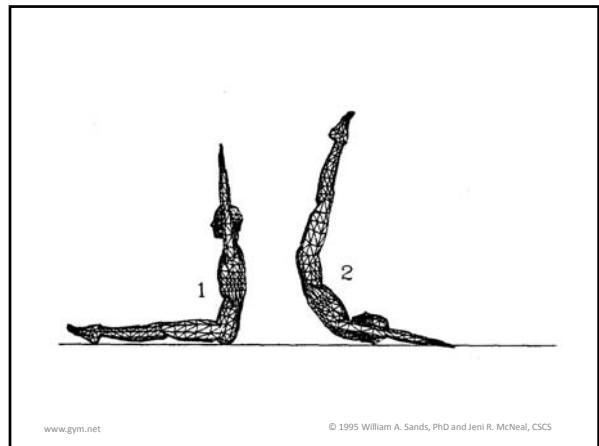
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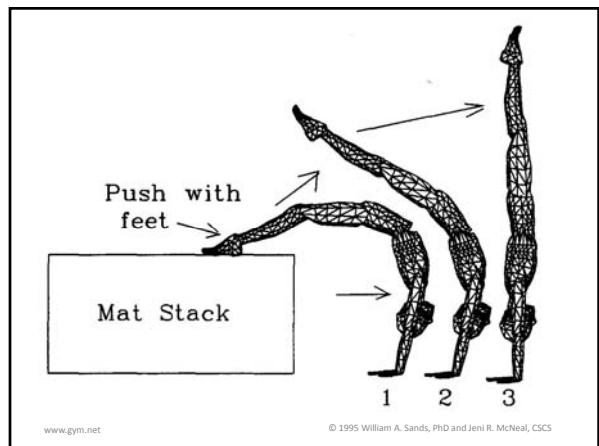
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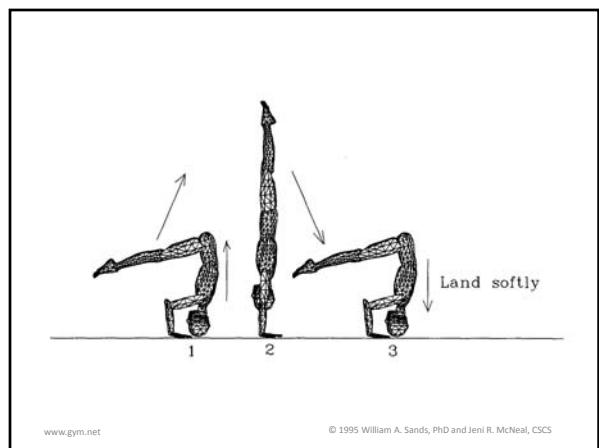
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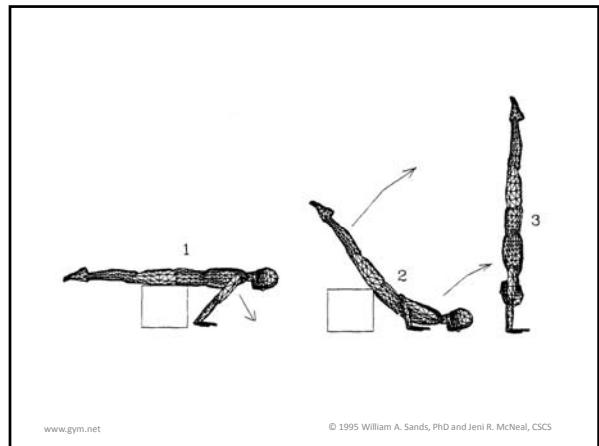
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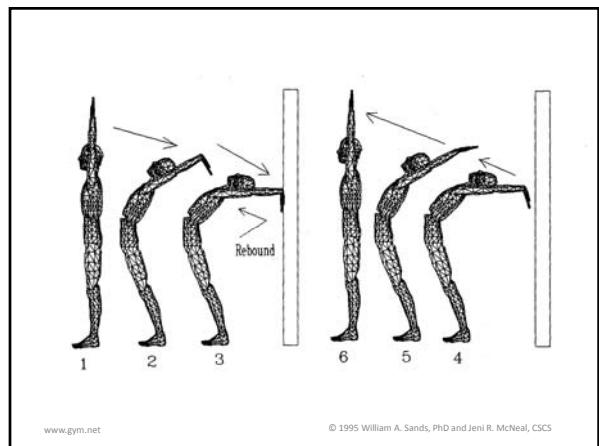
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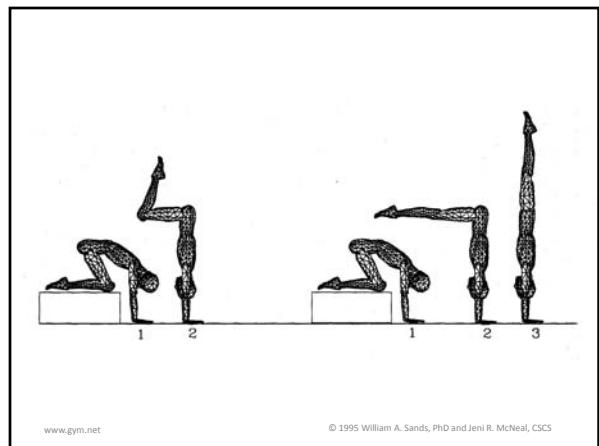
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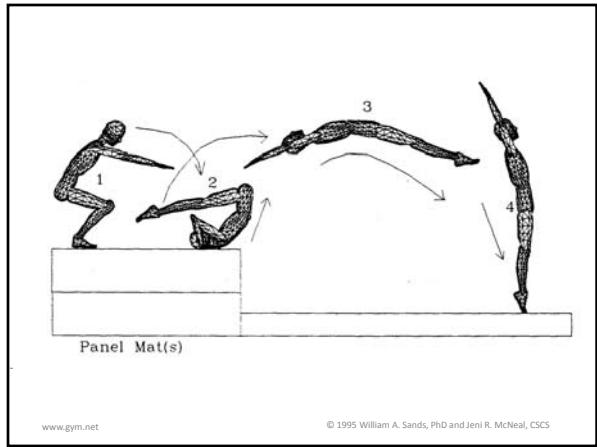
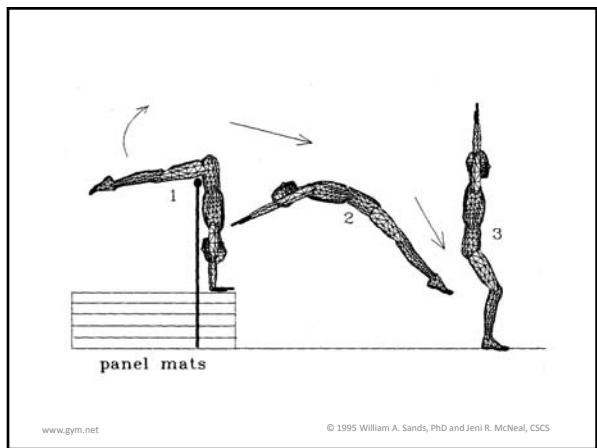
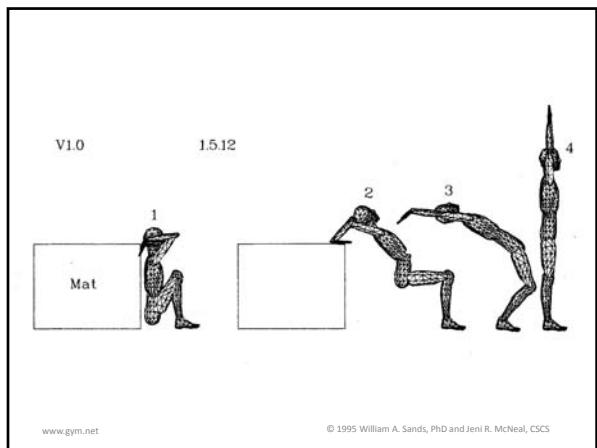
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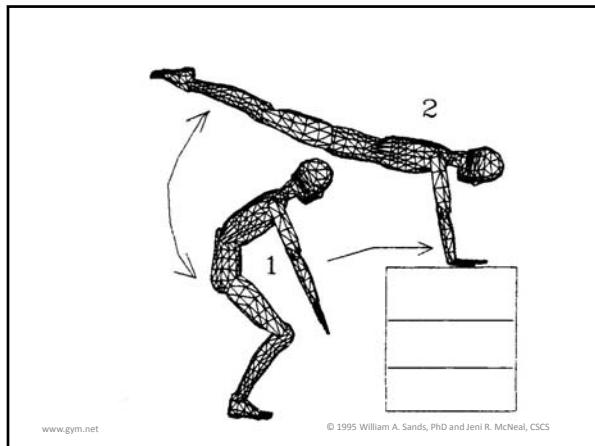
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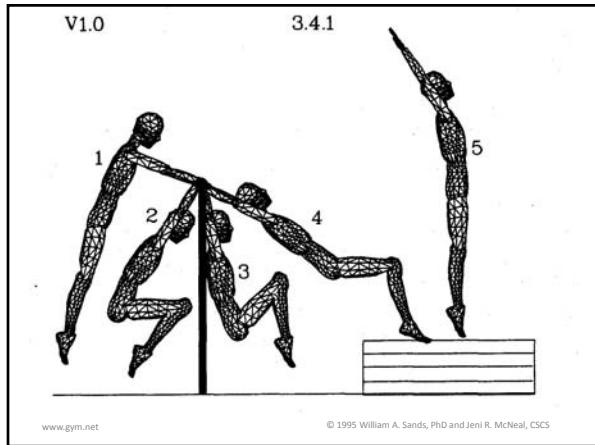
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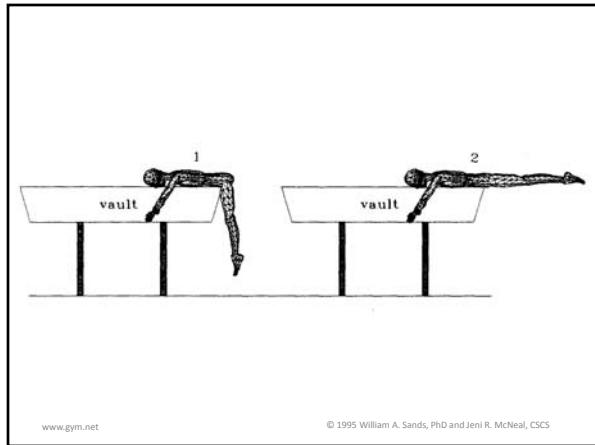
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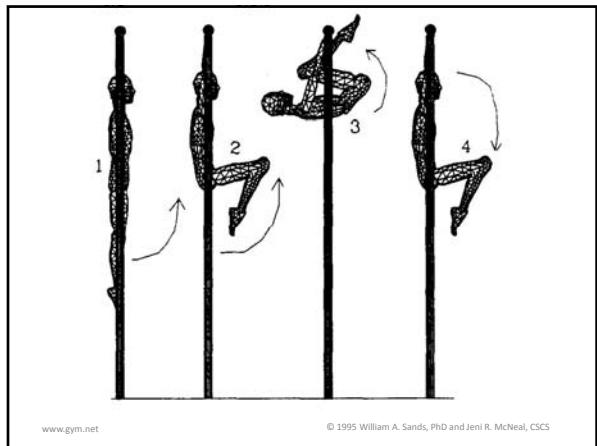
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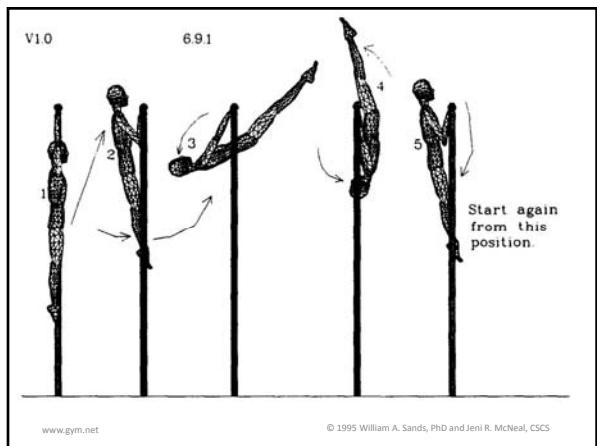
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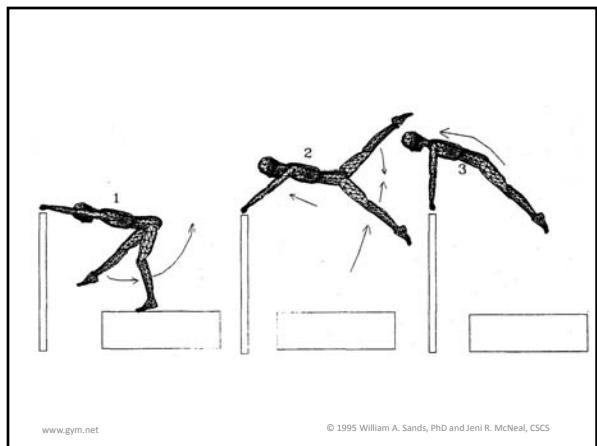
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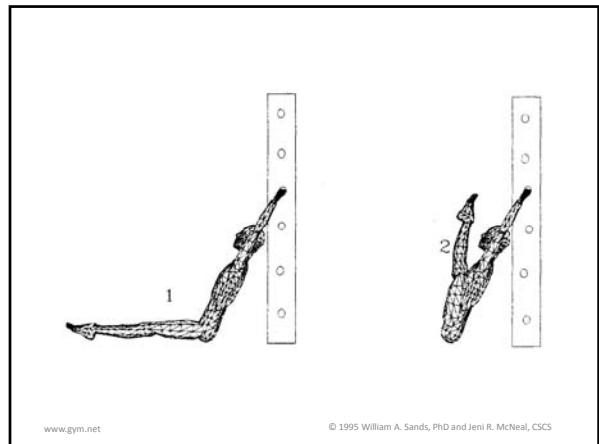
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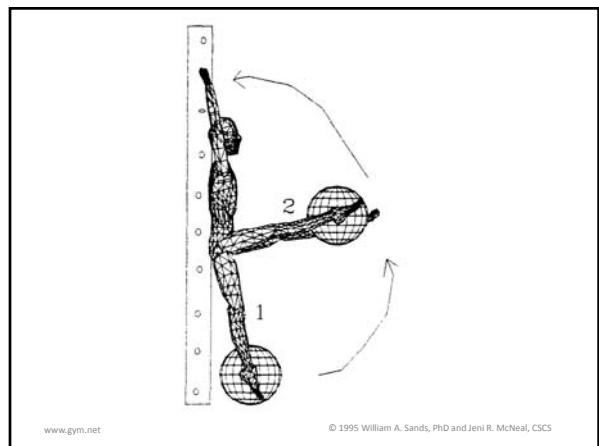
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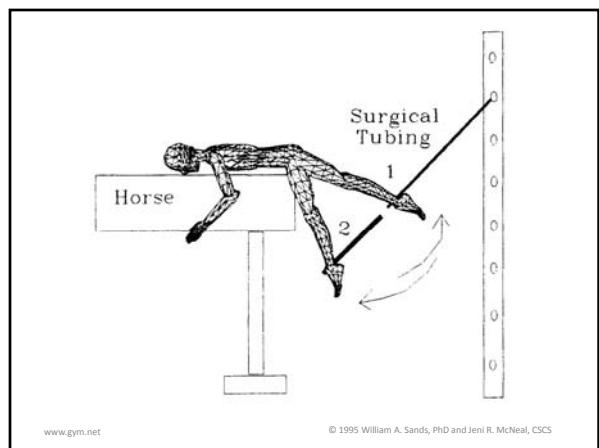
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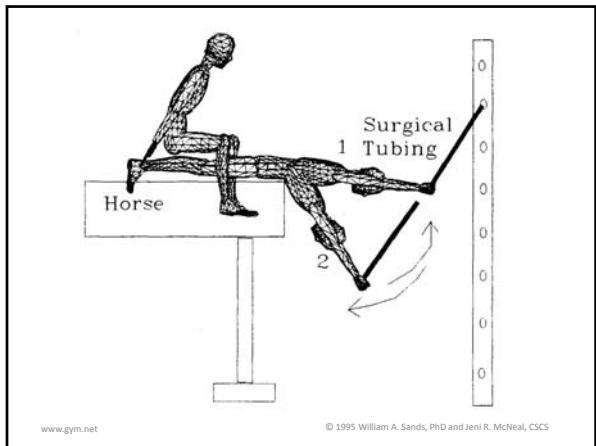
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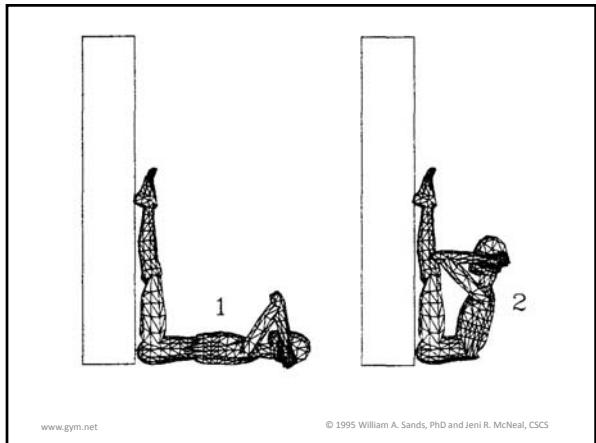
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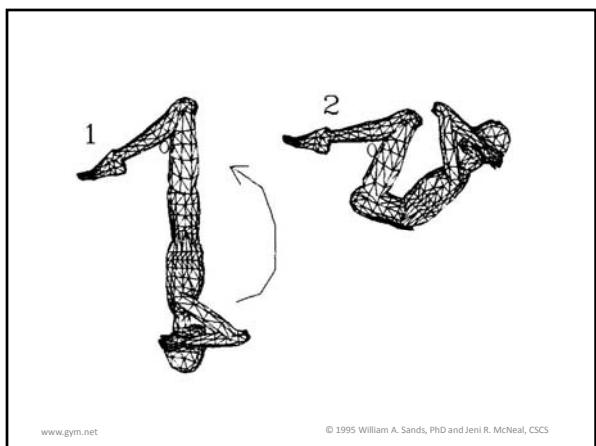
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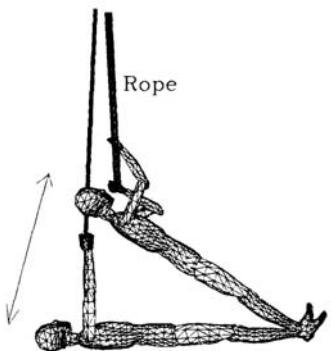
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6.9.2



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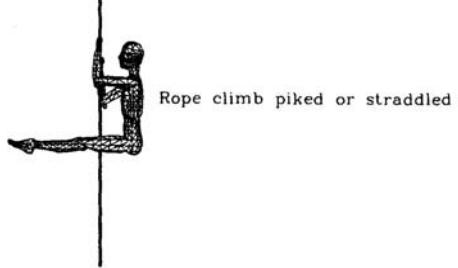
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6.9.3



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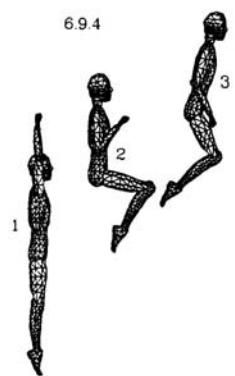
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V1.0

6.9.4



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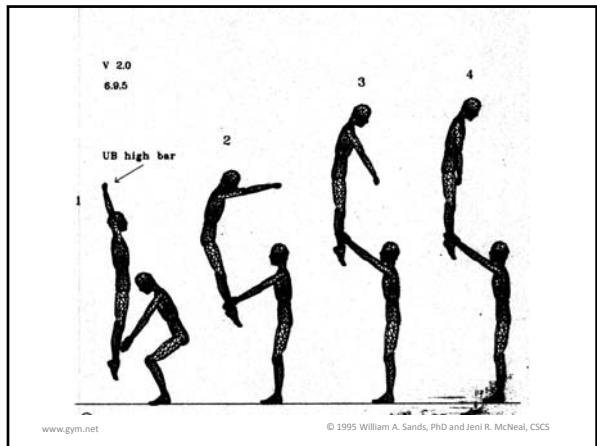
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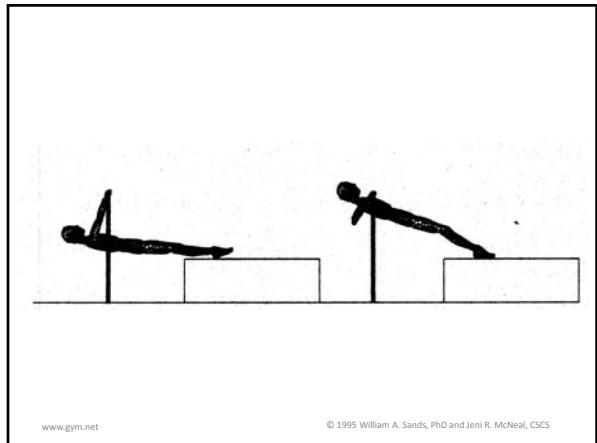
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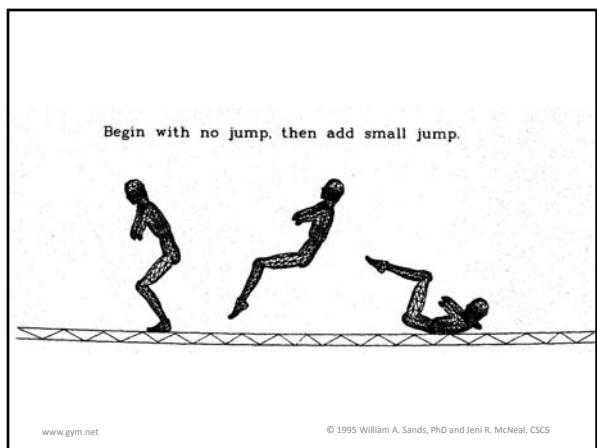
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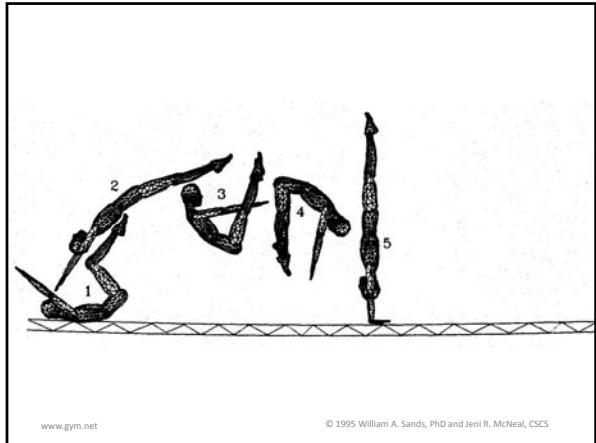
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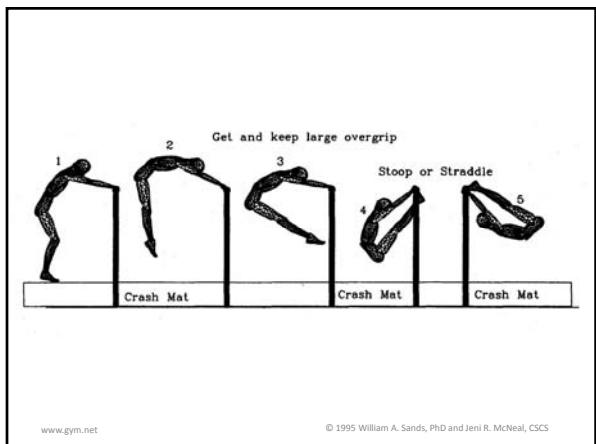
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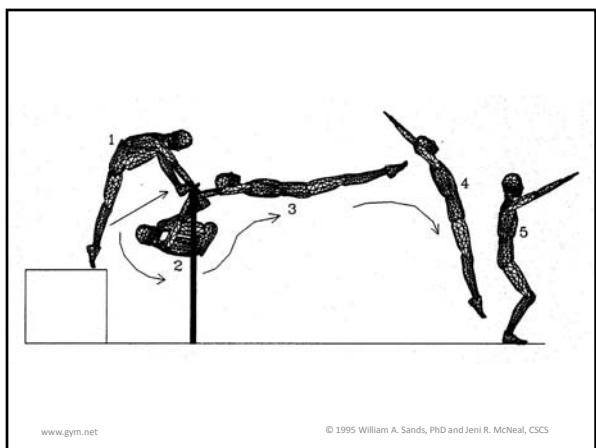
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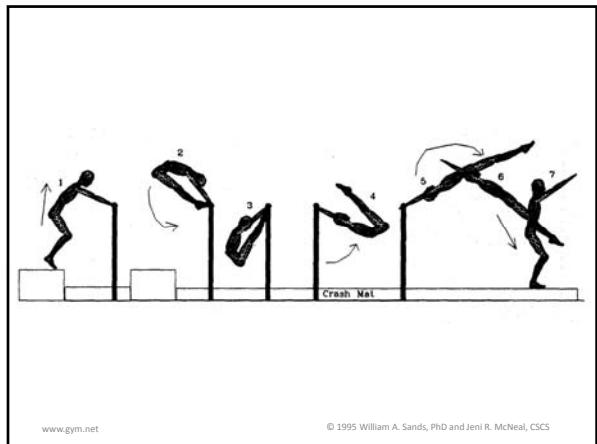
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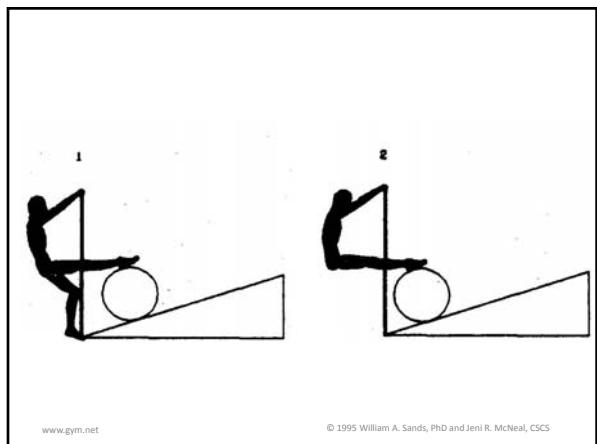
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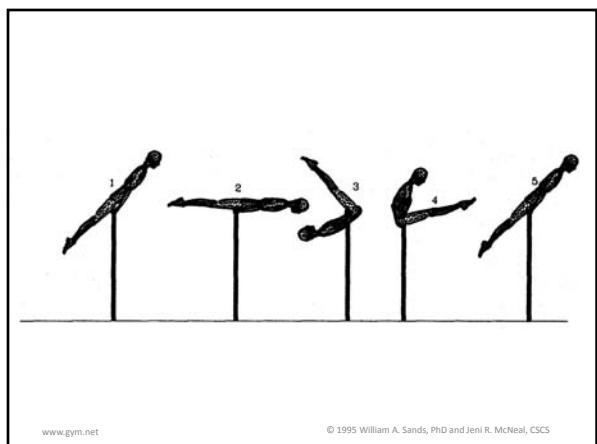
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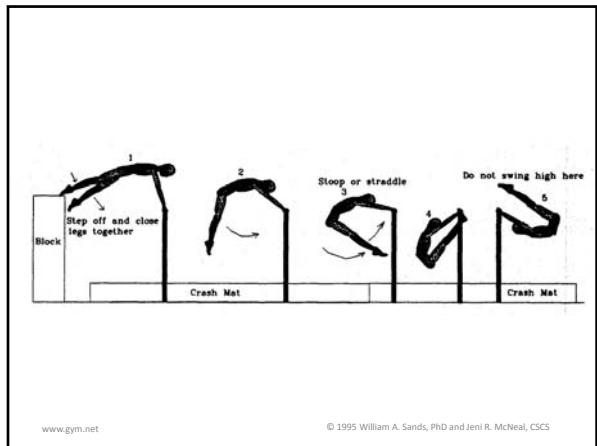
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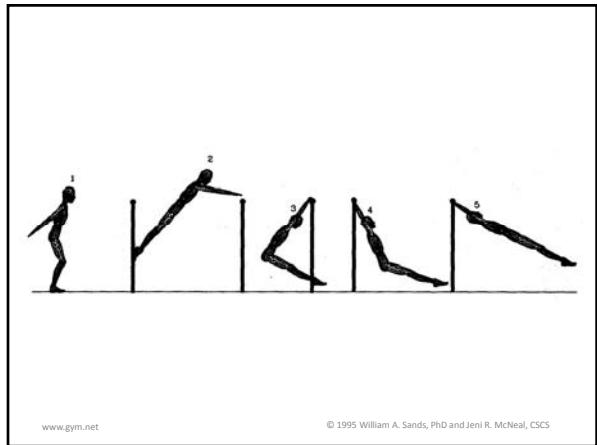
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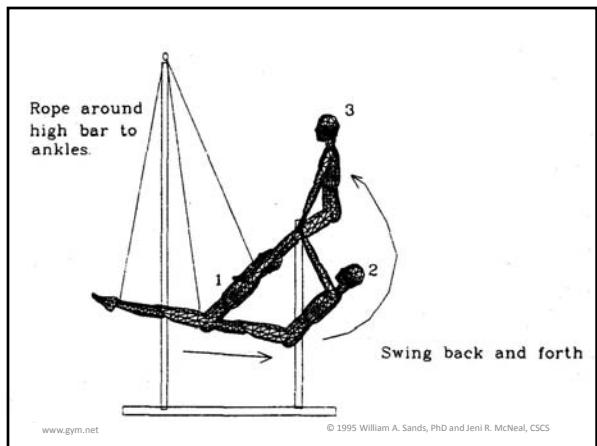
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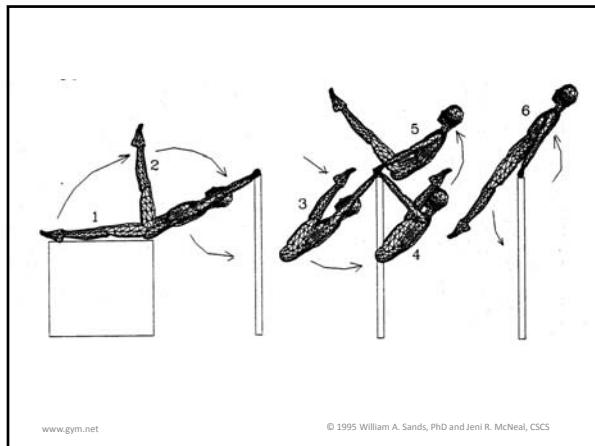
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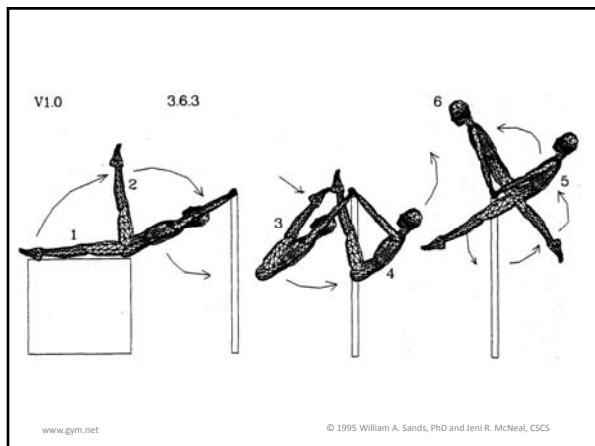
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